



Tashlich Service

Temple Emanu-El  
קהילת עמנו-אל

## Tashlich

*Tashlich* means “to cast.” The Tashlich service is held on Rosh HaShanah beside a body of water into which we symbolically cast our sins. Water represents the potential for change or teshuva, repentance.

Take this time as an invitation for self-reflection.

*When did you work toward tikkun olam, repairing our world? When were you your best self? When did you turn a blind eye to injustice and brokenness? What opportunities did you miss in this past year?*

Our tradition teaches that we are not obligated to finish the work, but neither are we free to ignore it (Pirkei Avot 2:16).

## A Kavannah (Intention)

It's good to leave each day behind,  
like flowing water, free of sadness.  
Yesterday is gone and its tale told.  
Today new seeds are growing.

—Jellaludin Rumi, *Rumi: Whispers of the Beloved*, selected and translated by Azima Melita Kolin and Maryam Mafi (Thorsons: Great Britain, 1999), 65.

## Avinu Malkeinu

*Avinu Malkeinu, choneinu va'aneinu (2x)*  
*Ki ein banu ma'asim*  
*Asei imanu tz'daka va-chesed v'hoshi-einu*

אָבִינוּ מֶלְכֵנוּ, חֲנוּנוּ וְעֲנֵנוּ  
כִּי אֵין בָּנוּ מַעֲשִׂים  
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ

Avinu Malkeinu, Be gracious and answer us, for we have not done enough good deeds. Please love us, be generous with us, and help us.

## **Micah 7:18–20**

Who is a God like You, forgiving iniquity and pardoning the transgression of the remnant of Your people? You do not maintain anger forever but You delight in loving-kindness. You will again have compassion upon us, subduing our sins, casting all our sins into the depths of the sea. You will show faithfulness to Jacob and enduring love to Abraham, as You promised our ancestors from days of old.

## **Psalm 130**

Translation by Norman Fischer

Out of the depths I call to you  
Listen to my voice  
Be attentive to my supplicating voice

If you tallied errors  
Who would survive the count?  
But you forgive, you forbear everything  
And this is the wonder and the dread

You are my heart's hope, my daily hope  
And my ears long to hear your words  
My heart waits quiet in hope for you  
More than they who watch for sunrise  
Hope for a new morning

Let those who question and struggle  
Wait quiet like this for you  
For with you there is durable kindness  
And wholeness in abundance  
And you will loose all our bindings  
Surely

## **A Prayer for Tashlich**

Here I am again  
ready to let go of my mistakes.

Help me to release myself  
from all the ways I've missed the mark.

Help me to stop carrying  
the karmic baggage of my poor choices.

As I cast this bread upon the waters  
lift my troubles off my shoulders.

Help me to know that last year is over,  
washed away like crumbs in the current.

Open my heart to blessing and gratitude.  
Renew my soul as the dew renews the grasses.

And we say together:

Amen.

—Rabbi Rachel Barenblat



We come to this water seeking to cast away our mistakes, in the spirit of Ezekiel's words:  
"Cast away from yourselves all your transgressions, and create within yourselves a new heart  
and new spirit" (Ezekiel 18:31).

## **Return again**

Return again, return again, return to the land of your soul. (x2)

Return to what you are, return to who you are, return to where you are born and reborn again,

Return again, return again, return to the land of your soul.

—Shlomo Carlebach