

### Shabbat Schedule July 2022

Please check the [website](#) and Shavuon for the most current information. For services where a Zoom tech is unavailable, siddurim will not be shared on screen.

**Friday, July 1**  
Candle Lighting 8:08 pm

**Saturday, July 2**  
*Parasbat Korach*  
Shabbat Morning Service 9:30 am  
with Cantor Vera using *Mishkan T'filab*  
Israel Chavurah noon

**Friday, July 8**  
Shabbat Evening Service (Round Pond) 7:00 pm  
Candle Lighting 8:06 pm

**Saturday, July 9**  
*Parasbat Chukkat*  
Shabbat Morning Service 9:30 am  
with Cantor Vera using *Sim Shalom*  
Weekly Parashah Study 1:00 pm

**Friday, July 15**  
Candle Lighting 8:02 pm

**Saturday, July 16**  
*Parasbat Balak*  
Shabbat Morning Service 9:30 am  
with Cantor Vera using *Mishkan T'filab*  
Bat Mitzvah of Jacqueline Leah Lampron

**Friday, July 22**  
Candle Lighting 7:57 pm

**Saturday, July 23**  
*Parasbat Pinchas*  
Shabbat Morning Service 9:30 am  
with Phil Platcow using *Sim Shalom*  
Weekly Parashah Study 1:00 pm

**Friday, July 29**  
Candle Lighting 7:50 pm

**Saturday, July 30**  
*Parasbat Mattot-Mas'ei*  
Shabbat Morning Service 9:30 am  
with Cantor Vera using *Sim Shalom*  
Weekly Parashah Study 1:00 pm



Shalom chevre,

We're in the heat of the summer. Rain is scarce; we gravitate to flowing water. It's a time of need for our bodies, which, like our gardens, crave hydration and refreshment. And for our souls too—whether or not we work on school-year time, COVID has created a seasonal reliance on mild weather and fresh air. Summer lets us breathe more deeply in and out. Summer time often has fewer scheduled commitments. Suddenly we may realize

that our reserves are depleted.

Last month my clergy colleagues and I discussed this kind of spiritual reservoir, how we tend it. All of us used the language of water, living water—mayyim hayyim—the same terms our Jewish community uses for Torah. We recognized the dangers of overdrawing the water in our wells. We talked about letting our wells refill. To what does one say no? What does one add that's life-giving and fills our souls?

It's important to tend our wells. There is a discussion in the Talmud, [tractate Ta'anit](#) (on fasts in times of drought, to bring the rains). Rabbi Nachman quotes Rabbi Yochanan to Rabbi Yitzchak, asserting that idol worship, avodah zarah, is twice as bad as any other sin. Rabbi Yochanan brings as proof-text a verse from Jeremiah, [2:13](#), in which idol worship is allegorized as reckless abandonment of a reliable water source: "For my people have committed two evils; they have forsaken Me, the fountain of living waters, to hew for themselves cisterns, broken cisterns which cannot even hold water." God is the m'kor mayyim chayyim, the flowing source of the water of life. Human attempts to strike out solo and store or hoard that spiritual water, rather than remaining in precious proximity to the wellspring (God), are doomed to fail.

*Drink deeply from those life-giving waters, and plant yourself by them, and may no pressure or untrue goal uproot you and lure you away.*

Jeremiah calls this human error "two evils." Idol worship, says the prophet, harms God. Letting our wells run dry harms ourselves. They're connected: we generally let our wells run dry when we worship or let ourselves be ruled by things that don't satisfy our spiritual and emotional needs. Anxiety, work, power, productivity, anger, luxury; these can all be idols. When we forget to drink from what fills our souls, and instead wear ourselves out trying to construct an artificial container for our needs, we dry out. When we abandon time with our families and friends and communities of choice, time pursuing the personal skills and hobbies that make us happy, time moving our bodies in healthy and enjoyable ways, time outside in the great outdoors that reminds us that there's so much more to this world than what we can control,

*Cantor's Message continues on next page*

## CANTOR VERA'S MESSAGE

*Cantor's Message continued from previous page*

we end up thirsty. We stress the fragile containers in which we're isolating the water of life. We give out more of ourselves than we can replenish.

Contrast that with the "happy person" of [Psalm 1](#), of whom it's said, "v'hayah k'eitz shatul al-palgei-mayim." Such a person is like a tree planted next to streams of water, which gives fruit in its season; its leaves don't fade, and all that it makes, thrives. I think about the practices and habits that nourish my own soul, and I recognize that in the times that I give myself more access to them—even when it's just a taste—everything in my life goes better. You have also, I hope, had that experience. When have you been happiest? What habits, what moments, nourish you and keep your soul green and growing? What helps bring you closer to that spring?

Come back to your water sources this month. The past two years have been a long dry spell, full of many stressors keeping us apart from interactions and activities that are our fountains of spiritual fulfillment. We have, God willing, an opportunity to lift our eyes from the frantic struggle to just make it through a pandemic, and to look for what helps us to thrive. See people you love, if you can. Take time for yourself. Say no to whatever you can that does not bring you joy, and try adding in something that does. Drink deeply from those life-giving waters, and plant yourself by them, and may no pressure or untrue goal uproot you and lure you away.

L'shalom,  
Cantor Vera

NB: I will be away camping July 17–25 and look forward to returning to you with my wells brim-full!



**Send the sweetest Rosh HaShanah greetings to your family, friends, and business associates.**

This festive eight-ounce jar of kosher honey arrives in time for Rosh HaShanah, decorated with a colorful label and including a personalized card and the blessing for the New Year.

Ordering is quick and easy online. Your cost is \$13 per jar (including shipping and handling within the United States), and a portion of your purchase benefits Temple Emanu-El Haverhill.

Visit [www.orthoney.com/HAV](http://www.orthoney.com/HAV) to place an order.  
**Order online by August 1** to avoid extra shipping fees.

Contact Rachel Hanson at [rachelhanson82@gmail.com](mailto:rachelhanson82@gmail.com) or 603.770.9328 to make a purchase by phone or mail, or if you have any questions. Thank you for your support!



**Choir Rehearsal**  
**July 13 (at CBI)**  
**7:00 pm**



## PRESIDENT'S MESSAGE



Dear Fellow Congregants:

As your newly elected and inducted Temple Emanu-El president, I would like to thank you for the trust and confidence you've placed in me. I thank Loren for his great leadership over the last four years. Truly, our congregation is indebted to Loren for the advances he made, despite the unusual circumstances we faced. As I embark on my two-year term, I commit to making decisions with the community's best interest in my mind.

My goal as president, like the goals of the myriad great leaders who served before me, is to leave the congregation stronger than it is today. The key to this is your involvement. Though our community is small, we provide many religious, educational, and social action offerings, opportunities for each and every one of you. But we aren't limited to what currently fills our calendar. We can—and, with your help, will—expand these opportunities.

As you read this, you are probably wondering, *What is she trying to say to me personally?* I am asking you to look at our community and ask yourself, "What is Temple Emanu-El missing that I can help to implement?" or "What special skill can I offer to make our community more special, more sacred, more learned?" Our community needs you, and we want to grow together.

Here are a few of the open positions that we need filled: vice-president, who serves as chairman of the board; house chair, to oversee our building's needs; trusts/wills/bequests chair; and fundraising chair. But don't feel limited by these; there are opportunities not necessarily identified by our board of directors that you as a member may have identified. We welcome your ideas, and I look forward to your engagement in bringing such advancements to our temple.

I would like to express my appreciation for those who have been and continue to be active in our congregation—the Chesed, social action, and adult education committees; religious school teachers, students, parents and committee members; the board of directors and staff; and more. You all act like individual cogs, helping to power our locomotive. Finally, I am especially proud of the eight adult b'nei mitzvah students—Shoshanah, Paul, Karen, Ann, Judy, Andrea, Sharyn,

and Joy—as well as our volunteer of the year, Claire. These members embody the best of our caring community.

Have a great summer; I look forward to seeing you all in person soon!

L'Shalom,  
Jenn Lampron  
President

### MAZEL TOV

*Claire Breger-Belsky*, on being named Janet Kapp Kopel Volunteer of the Year

*Ann and Michael Jacobson*, on the marriage of their son Ari to Anupama Pillalamarr

*Derik and Jennifer Lampron*, on the bat mitzvah of their daughter Jacqueline Lampron

*Ross Moldoff*, on receiving the Lifetime Achievement Award in City Planning from the New Hampshire Planners Association

*Andrea Rosebach*, on the birth of her grandson, Elliot Thomas Rosebach

*Amy Sherr*, on her retirement from Congregation Beth Israel

*Trudy and Mitch Zakin*, in honor of their son, Michael, receiving the Outstanding Academic Award upon receiving the Tepper Master of Science Business Analytics Program Degree at Carnegie Mellon University

### TODAH RABBAH

*Loren and Michelle Goldstein*, for their donation to replenish Oneg/Kiddush items

*Phil Platcow*, who took pictures at the June 11 Shabbat morning service b'nei mitzvah class celebration

*Lisa Herzl, Michele Howard, Nicholas Pentabona, and Amy Sherr*, who served at the June 11 Kiddush

Oneg/Kiddush sponsors *Shoshana Dodge, Paul Fitts, Karen Godek, Ann Jacobson, Judy Kroner, Andrea Pentabona, Sharyn Russell, and Joy Silvey*

Zoom techs *Shoshana Dodge, Sandra Kassin-Deardorff, and Joy Silvey*

### CONDOLENCES

We regret with sorrow the death of Adele Ash

We regret with sorrow the death of Sandra J. Bernstein

Hello Fellow Temple Members,

For my civics action project for school, I have decided to raise awareness for a nonprofit organ donation organization called [Donate Life America](#). I will do this by focusing on getting Donate Life license plates approved in Massachusetts. This is an example of a license plate from Florida.

Making these license plates available means a lot to me because when my grandfather passed away, he donated organs, tissue, and eyes through Donate Life. Donate Life helps people find organs, eyes, and tissue for transplant. What I ask of you is to write to your Massachusetts state representative and/or state senator asking them to propose and support legislation to approve these license plates to help raise awareness for organ donations. You can find your Massachusetts legislators [here](#).

Thanks for your help!  
Zach Hannula





## MEMBER SPOTLIGHT

### Spotlight on Jennifer Lampron, Incoming President

Jennifer Lampron is our temple's new president. She's been a member for forty-three years and has previously served Temple Emanu-El in many roles: vice president; chair of the membership committee; member of the adult education, dues, religious school, and social action committees; and teacher in our religious school. Jenn does prototype and integration engineering at E Ink. She and her husband, Derik, and their two daughters, Jocelyne and Jacqueline, live in Newton, New Hampshire. Jocelyne recently graduated high school—mazel tov!—and will start college in the fall, pursuing a career in nursing. Jacqueline will celebrate becoming bat mitzvah here in our temple on July 16!

Jenn was born in Baltimore, Maryland, and spent her first few years in a traditionally observant Jewish neighborhood; both sets of her grandparents were Orthodox. She moved up here with her parents, Jules and Judy Rutstein, and her brother, Josh, when Jules took a job in the area, and they immediately joined Temple Emanu-El. Jenn remembers coming to Friday night services every single week till she was thirteen, remembers the long onegs afterward, putting a slice of lemon in her cup of tea (she was only allowed to drink tea at temple), and then eating endless lemon slices as her parents chatted with other members. Older members of the community “treated [her] like a princess” as a little girl, which she loved. Jenn's formative years were “made in Haverhill,” and she graduated from Haverhill High School. She earned her bachelor's in engineering and her MBA from UMass Lowell. Jenn describes herself as “a tinkerer! I like seeing what went wrong and how I can fix it.” At her first job after college, with Parlex (a manufacturer of flexible circuitry and laminated cable assemblies) in Methuen, Jenn met Derik at a holiday party. Jenn delights in watching her kids do things that make them happy, like field hockey and gymnastics. She says that “seeing smiles on their faces brings me joy.” Jenn also enjoys doing anything

outdoors: hiking, biking, and running with her “BRFs,” a close group of six running friends with whom she trains and runs in competitive events. This year they ran the Eastern States twenty-mile run and the Providence Marathon.

Jenn feels and appreciates reverence in holy space and our prayer services. She has strong memories of those who shaped her formative experiences in our community but are

no longer with us—Rabbi Jacobson z”l singing “All the World Shall Come to Serve Thee” on the High Holy Days, Stuart Mandell z”l and Janet Kopel z”l chanting. “Those voices ring through my ears.” Jenn finds religious Jewish meaning in Jewish “group effort”: call-and-response volleys of the Torah service liturgy and favorite, memorable tunes, the communal language and nature of Jewish prayer, social action, and education. “Religion is the community. We're not coming before God as an individual saying ‘judge me fairly.’ We accept the ownership of whatever happens, together.”



Jenn brings her considerable energies, talents, and temple experience to bear on her new presidency. Her biggest goals are to reduce our budget deficit (a goal of her predecessors as well), and to bring members together for more group activities and projects beyond the sanctuary services. Jenn says, “If you have an idea for something you'd like to see here, we welcome your initiatives. Everything we do here, every committee, exists because someone said ‘I'd like to see this happen!’” We're excited for your leadership, Jenn, and to be your partners in creating ever more opportunities for our community to join hearts and forces in doing Jewish good in the world.

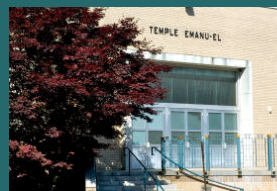
To share your ideas with Jenn, introduce yourself, ask a question, or just say hi, email her at [president@TempleEmanu-El.org](mailto:president@TempleEmanu-El.org).

### Upcoming Temple Meetings

Social Action Committee  
July 12 @ 7:30 pm

Religious Practices Committee  
July 27 @ 7:30 pm

Executive Committee  
August 10 @ 7:00 pm



### Notes from the office—

- Moving? Email change? Please send us your new address.
- The deadline for articles and news for the August bulletin is July 20. Send your information to [office@TempleEmanu-El.org](mailto:office@TempleEmanu-El.org).

## UPCOMING SERVICES AND EVENTS

### SHABBAT EVENING SERVICES



July 8

Shabbat Evening Service  
at Round Pond

7:00 pm

Inclement weather location: Temple sanctuary;  
check the website after 4:30 pm

### SHABBAT MORNING SERVICES

SATURDAYS AT 9:30 AM  
HYBRID | SANCTUARY AND ZOOM

July 2, led by Cantor Vera  
followed by Israel Chavurah

July 9, led by Cantor Vera  
followed by weekly parashah study

July 16 led by Cantor Vera  
Bat mitzvah of Jaqueline Leah Lampron  
no weekly parashah study

July 23, led by Phil Platcow  
followed by weekly parashah study

July 30, led by Cantor Vera  
followed by weekly parashah study

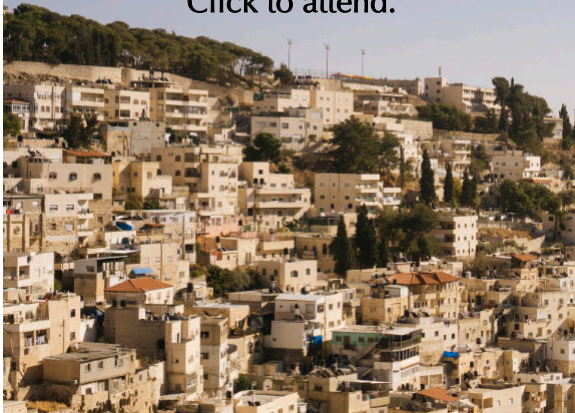
[Click to join via Zoom.](#)

### Israel Chavurah

*Saturday*

*July 2 @ noon*

[Click to attend.](#)



## Spirited Aging

*Together*

Tuesday, July 5 @ 10:00 am

*Wise Aging*  
*"Conscious Dying"*  
led by Marilyn Goldberg  
Hybrid. Meet in HaSifriyah or  
click [here](#) to join by Zoom.

Sponsored by the Temple Emanu-El Chesed Committee

### TOT SHABBAT SERVICE LOVE, LOVE, LOVE



FRIDAY  
AUGUST 5  
6:00 PM  
WINNEKENNI PARK  
(NO ZOOM OPTION)



MEET AT PARKING LOT NEAR  
TENNIS COURTS

INCLEMENT WEATHER LOCATION:  
TEMPLE SANCTUARY; CHECK  
WEBSITE AFTER 4:30 PM

## Tisha b'Av 5782

Saturday, August 6 | 7:30 pm

at Congregation Beth Israel  
6 Dundee Park, Andover  
or [via Zoom](#)

with the Temple Emanu-El Makheila  
and CBI's Bashert





## TEMPLE COMMUNITY

### Temple Committees

Contact Lisa Anthony or any of the chairs below to join a committee.

Adult Education	Lynn Dreyfuss Martin Sandra Venner
Antiracism	Karen Godek
Budget	Judd Nathan
Chesed	Sharyn Russell
Communications	Paula Breger
Dues	Kevin Miller
Fundraising	In need of chair
HaSifriyah (Library)	Paula Breger
House	In need of chair
Investment	Judd Nathan
Membership Outreach	Jennifer Lampron
Music	Rachel Hanson
PTO	Lisa Desberg
Religious Practices	Sandra Kassin-Deardorff
Religious School	Andi Hannula
Renovations	Kevin Miller
Security	In need of chair
Social	Scott Hannula
Social Action	Lisa Herzl
Trusts/Wills/Bequests	In need of chair
Windows to the Future	In need of chair

# Happy Birthday!

Diane Forman  
Lisa Herzl  
David Jacobs  
Jacqueline Lampron  
Gwen Larsen  
Steve Larsen  
Robert Levine  
Kaelee Miller  
Mattie Paul  
Francesca Pentabona

### Temple Leadership and Administration 2022-2023

#### Executive Committee

Jennifer Lampron	President
Scott Hannula	Secretary
Paula Breger	Assistant Secretary
Judd Nathan	Treasurer
Loren Goldstein	Past President

#### Board of Directors

Shelly Gladstein	2023
Karen Godek	2023
Rachel Hanson	2023
Lisa Herzl	2023
Sandra Kassin-Deardorff	2023
Joy Silvey	2023

#### Temple Administration

Vera Broekhuysen, Cantor  
Ira L. Korinow, Rabbi Emeritus  
Lisa A. Anthony, Executive Administrator  
Paula Breger, Communications Director  
Lynn Dreyfuss Martin, Religious School Administrative Assistant  
Sheila Brown, Bookkeeper

[CantorB@TempleEmanu-El.org](mailto:CantorB@TempleEmanu-El.org)  
[RabbiK@TempleEmanu-El.org](mailto:RabbiK@TempleEmanu-El.org)  
[Office@TempleEmanu-El.org](mailto:Office@TempleEmanu-El.org)  
[Communications@TempleEmanu-El.org](mailto:Communications@TempleEmanu-El.org)  
[RSAdminAsst@TempleEmanu-El.org](mailto:RSAdminAsst@TempleEmanu-El.org)  
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## DONATIONS

### **BRODY FAMILY FUND**

*Pearl Shyavitz*, in loving memory of her father and mother, Abraham and Beatrice Gerber, on their yahrzeits

### **CANTOR MUSIC FUND**

*Jonathan Goldfield*, in loving memory of his father, Morris Goldfield, on his yahrzeit

*Evelyn and Stan Mitchell*, in honor of Judy Kroner becoming a bat mitzvah

*Fredi Anne Hurwitz and John Wessler*, in honor of Sharyn Russell becoming a bat mitzvah

### **CLERGY DISCRETIONARY FUND**

*Wolf Jachimowicz*, in loving memory of his mother, Regina Jachimowicz, on her yahrzeit

### **DR. HAROLD S. COHEN AND FAMILY FUND**

*Dr. Robin Baker*, in loving memory of her father, Harold Cohen, on his yahrzeit

### **MERLE H. COWAN FUND**

*Judith Cowan*, in loving memory of her father, Merle Cowan, on his yahrzeit

### **JEWISH CONTINUITY FUND**

*Jay Roaf*, in appreciation

*Gerda Kalman*, in honor of Nancy LaFleur on her retirement

*Karen Godek*, in honor of her becoming a bat mitzvah

*Trudy and Mitch Zakin*, in loving memory of her father, Stanley Dress, on his yahrzeit, and in loving memory of his father, David Zakin, on his yahrzeit; in honor of Paul Elkind on his daughter, Maya, being confirmed; in honor of Derik and Jennifer Lampron on their daughter Jocelyne graduating from Hebrew high school and Sanborn High School; in honor of Paul Fitts becoming a bar mitzvah; in honor of Sharyn Russell becoming a bat mitzvah; in honor of Ann Jacobson becoming a bat mitzvah; in honor of Judy Kroner becoming a bat mitzvah; and in honor of Amy Sherr on her retirement

*Michael and Amy Sherr*, in honor of Andrea Rosebach on the birth of her grandson, Elliot Thomas Rosebach; in honor of Irene and Richard Chalek on the birth of their granddaughter, Adley Goldberg Chalek; in honor of Trudy and Mitch Zakin on their son, Michael, receiving the Outstanding Academic Achievement Award upon receiving the Tepper Master of Science Business Analytics Program Degree at Carnegie Mellon University

*Janet Goldberg*, in honor of her daughter Karen Godek becoming a bat mitzvah

*Alison Barnes*, in honor of Ann Jacobson becoming a b'nei mitzvah

*Naomi Mitchell*, in honor of Judy Kroner becoming a bat mitzvah

### **ALMA & GEORGE KLINETSKY FAMILY FUND**

*Alma Klinetsky*, in loving memory of her father-in-law, Morris Klinetsky, on his yahrzeit

### **GAIL AND RABBI IRA KORINOW FAMILY CONTINUITY FUND**

*Ira Korinow*, in loving memory of his father, Maurice Korinow, on his yahrzeit

### **DAVIDA & SHELDON MERKER FAMILY FUND**

*Ben Merker*, in loving memory of his father, Sheldon Merker, on his yahrzeit

### **PASSOVER FUNDRAISER**

*Fred Coltin*

*Ronnie Cohen*

*Fran Eisenman and Ronald Herskowitz*

*Michelle Howden*

*Marilyn and Myer Goldberg*

*Howard and Caren Hantman*

*Joy Silvey*

*Michael and Martha Chazanoff*

*Steven and Gwen Larsen*

*Anne and Michael Jacobson*

*Paul Elkind*

### **ABRAHAM & ESTHER ROSEN FUND**

*Lynne Buchhalter*, in loving memory of her grandmother Esther Rosen on her yahrzeit

### **JEROME AND SELMA ROSENGARD FUND**

*Peter Rosengard*, in loving memory of his father and mother, Jerome and Selma Rosengard, on their yahrzeits

*Howard Ross*, in loving memory of his brother and sister-in-law, Jerome and Selma Rosengard, on their yahrzeits

To donate online,  
please click here.

 Donate

Thank you  
for your support!

## DONATIONS

### TORAH FUND

*Gerda Kalman*, in honor of Jennifer Lampron becoming president of Temple Emanu-El

### ADELINE B. WATNICK RELIGIOUS SCHOOL CHILDREN'S FUND

*David Watnick*, in loving memory of his wife, Adeline B. Watnick, on her yahrzeit

### Yahrzeit Fund

*Andrea Rosebach*, in loving memory of her father, James Rabinovitz, on his yahrzeit

*Ann Gorevitz*, in loving memory of her husband, Richard Gorevitz, on his yahrzeit

*Ross and Amy Moldoff*, in loving memory of her grandfather Sidney Robbins on his yahrzeit

*Sandi and Stephen Lundquist*, in loving memory of her brother Robert Baker on his yahrzeit

*Jonathan Shafmaster*, in loving memory of his father, Louis Shafmaster, on his yahrzeit

*Ron Weiss*, in loving memory of his grandmother Rose Douglas on her yahrzeit

*Andi Hannula*, in loving memory of her father, Barry Goldman, on his yahrzeit

*Edna Shirley*, in loving memory of her husband, Michael Olenius Shirley, on his yahrzeit

*Merton Greenstein*, in loving memory of his father, Philip Greenstein, on his yahrzeit

*Irving Freedman*, in loving memory of his great-grandmother Ida Rickless on her yahrzeit

*Dorothy Baker*, in loving memory of her son Robert Baker on his yahrzeit

*Lauren Sidel-Walsh*, in loving memory of her father, Norman Sidel, on his yahrzeit

*Richard Rosengard*, in loving memory of his aunt Alice Bloom on her yahrzeit

*Thelma Grant Caparell*, in loving memory of her mother, Julia Berman Cohen, on her yahrzeit

*Karen Endler*, in loving memory of her mother, Julia Berman Cohen, on her yahrzeit

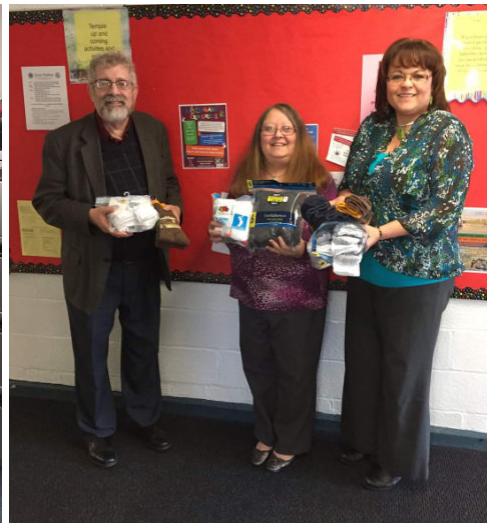
*Joel Levine*, in loving memory of his mother, Fannie Levine Kantofsky, on her yahrzeit

*Jane Lord*, in loving memory of her grandfather Herman W. Goldberg on his yahrzeit

*Brian Gordon*, in loving memory of his grandmother Lillian Hall on her yahrzeit



It has been my pleasure to work with Temple Emanu-El's dedicated clergy, staff, presidents, and executive committee and board members for the past twenty-four years. Thank you to all past and present Temple members for sharing your simchahs and your rich history, for always making me feel part of your wonderful community, and for sending me well wishes on my retirement. I will miss you all. ~Nancy





## SOCIAL ACTION

*We are a welcoming, diverse, Reform, sacred community committed to embracing and implementing the principles of tikkun olam.*

*Through prayer, study, and social interactions, we honor and share our Judaic values across all generations.*

### Cook for Mitch's Place It's a Mitzvah!

For many years, Temple Emanu-El members have prepared meals for Mitch's Place, an overnight shelter for men which is part of the Emmaus network in downtown Haverhill.

If you are interested in participating in this mitzvah, please contact Lisa Herzl at [herzl@gmail.com](mailto:herzl@gmail.com).

Please do not drop meals off at Mitch's Place without first contacting Lisa.



*With care and compassion, Ruth's House, Inc. provides clothing and employment training opportunities to individuals and families in need throughout the Greater Merrimack Valley.*

To donate goods, money, or time, visit [www.ruthshouse.org](http://www.ruthshouse.org)

Ruth's House  
111 Lafayette Square  
Haverhill, Massachusetts

### Sacred Hearts Food Pantry Church Parking Lot (Next to 6 Carleton Avenue, Bradford)

Drop off  
Monday–Friday (8:15–11:00 am)

Pick up for those in need  
Monday, Wednesday, and Friday (8:15–11:00 am)

Since the start of the pandemic, Sacred Hearts Parish Food Pantry has expanded from helping 250 to 300 families a week to over 1,100 families each week. Many families in our area are now out of work and facing financial crisis. The Sacred Hearts Food Pantry gives a helping hand to those in need.

Please consider donating these nonperishable items: canned beans, one-pound bags of rice, peanut butter, jelly, canned tuna, canned chicken, cereal, boxed macaroni and cheese, tomato sauce, pasta sauce, crackers, paper towels, toilet paper, and diapers (sizes 3, 4, and 5).



## DONATE TO EMMAUS

Donate to help those in need find housing, job training, and other essential services. Visit [donatenow.networkforgood.org/emmausinc](http://donatenow.networkforgood.org/emmausinc)

Emmaus is also accepting donations of the following unopened items:

- \*cereal
- \*tuna
- \*jelly
- \*juice boxes
- \*granola bars
- \*canned/dry goods
- \*alternate peanut butters (sunflower, almond, etc.)
- \*shelf-stable milk
- \*individual fruit cups

Emmaus



Food donations can be shipped to or dropped off at Emmaus Inc.  
127 How Street  
Haverhill, MA 01830

## REMEMBERING THOSE AT YAHRZEIT

### July 2

#### 3rd of Tammuz

Melvin Ash  
Fannie Barson  
Alice H. Bell  
Lena Berkovich  
Yale Canter  
Harold Cohen  
Eunice Feinberg  
Nathan Feldman  
Murray Finkel  
Herman Fox  
Philip Goldberg  
Herman Goldberg  
Morris Goldfield  
Anne Goldstein  
Louis Hartman  
Rita Hurwitz  
Clara Kort  
Sidney Kotzen  
Anne Lebowitz  
Jere Maxmen  
Vicki Novick  
Robert Ornstein  
Raymond Robin  
Selma Rosengard  
Morris Sacarob  
Milton Scher  
Louis Shafmaster  
David Traister  
Stella Wise  
Ann Young

### July 8 & 9

#### 10th of Tammuz

Sidney Barr  
Morry S. Berlin  
Ralph Bychman  
Bonita Coltin  
Scott Einhorn  
Sarah Forman  
Moses Garbelnick  
Sam Genson  
Howard Goralnick  
Jack Gordon  
Samuel Katz  
Hyman S. Kessler  
Eunice Krinsky  
Rose Lang  
Harry Levinson  
Geraldine Gordon Lisker  
Lena Nesson  
Rose Rubinoff  
Joseph Shain  
Irving Shyavitz  
Phillip Sidel  
Ruth Stahl  
Anna Streisfield

### July 16

#### 17th of Tammuz

Ruth Alman  
Joseph Alper  
Eva Ruth Apteker  
Maurice Casten  
Max H. Gofstein  
Satelle A. Gordon  
Albert Sydney Grant

Blanche Gretskey

Joseph Kaboyi  
Arthur Kimmell  
James Kremer  
Barney Levenson  
Audrey Maier  
Maurice Mandell  
Herbert Mershon  
Estelle S. Novick  
Esther Rosen  
Eva Rozen  
Ana Maria Santos  
Marcial  
Walter Sinsheimer  
Hyman Stein

### July 23

#### 24th of Tammuz

Anna Boorstein  
Edward Brenner  
Edith Brindis  
Hazel Brody  
Morris Brody  
Irving Curtis  
Lenore Dreyfuss  
Mildred Freedman  
Charles Gerson  
Leo Glick  
Rhoda Grodsky  
David Aaron Hartman  
Vina Jonas  
Charles Klein  
Alan Kule  
Lance R. Lewis  
Forrest Milden  
Minnie Novick

Arlene Rattner  
Gail Sarah Reines  
Abraham Rose  
Bessie Saron  
Raymond Simon  
Herman Stolzberg  
Joseph Tye  
Louis Woodman

### July 30

#### 2nd of Av

Nathan Apteker  
Ralph Barr  
Ruth Bender  
Sadye Berlin  
Theodore Bertheim  
Sarah Bingham  
Gotlieb Burakoff  
Molly Cowan  
Janet F. Deitch  
Jennie Gofstein  
Mollie F. Goodman  
Wendy B. Johnston  
Chaim Aaron Kalman  
Abraham Karas  
Carl Kort  
William Levine  
Charlotte Rabinovitz  
Hyman Rakofsky  
Evelyn Brown Rakofsky  
Mark Rockland  
Rivka Rose  
Herman P. Sibulkin  
Samuel Tye  
Lena Vinecour  
Betty Zakin



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**To receive help in your time of need,**  
call one of the following LHH coordinators:

Cantor Vera	978.373.3861
Sharyn Russell	978.372.5777
Lisa Anthony	978.373.3861

### Trusts, Wills, and Bequests

If you are interested in discussing  
gift and naming opportunities, please contact  
Cantor Vera ([CantorB@TempleEmanu-El.org](mailto:CantorB@TempleEmanu-El.org))

or

Lisa ([office@TempleEmanu-El.org](mailto:office@TempleEmanu-El.org)).

Thank you!

## TEMPLE EMANU-EL

### Honor Your Father and Your Mother

It is a widely observed Jewish tradition to commemorate the passing of a loved one by memorializing those that have departed with a yahrzeit plaque on a dedicated memorial wall.

At Temple Emanu-El, these plaques are lit on the yahrzeit, or anniversary of death, and for Yizkor services.

Plaques are inscribed with the name of the deceased in both English and Hebrew as well as the date of the person's death. They are available to view whenever the sanctuary is open.

The one-time cost of the plaque is \$300. To purchase a plaque in honor of a departed loved one, please contact Lisa or Cantor Vera at 978.373.3861.



## MONTH AT A GLANCE

# July

July 2	Shabbat Morning Service Israel Chavurah	9:30 am noon
July 5	Spirited Aging Together	10:00 am
July 8	Shabbat Evening Service	7:00 pm
July 9	Shabbat Morning Service Weekly Parashah Study	9:30 am 1:00 pm
July 12	Social Action Committee Meeting	7:30 pm
July 13	Choir Rehearsal (at CBI)	7:00 pm
July 16	Shabbat Morning Service Bat Mitzvah of Jaqueline Leah Lampron	9:30 am
July 23	Shabbat Morning Service Weekly Parashah Study	9:30 am 1:00 pm
July 27	Religious Practices Committee Meeting	7:30 pm
July 30	Shabbat Morning Service Weekly Parashah Study	9:30 am 1:00 pm

# Early August

August 2	Spirited Aging Together	10:00 am
August 3	Choir Rehearsal	7:00 pm
August 5	Tot Shabbat Service	6:00 pm
August 6	Shabbat Morning Service Israel Chavurah Erev Tisha b'Av Service (with CBI)	9:30 am noon 7:30 pm
August 10	Executive Committee Meeting	7:00 pm
August 11	Choir Rehearsal	7:00 pm
August 12	Shabbat Evening Service	7:00 pm
August 13	Shabbat Morning Service Weekly Parashah Study	9:30 am 1:00 pm





TempleEmanu-El

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