

A Prayer from a Traumatized Jewish Heart

Rabbi Menachem Creditor

Oh, God
Our eyes, our eyes
Our hearts, our hearts

Our children, our children
Our mothers, our mothers
Our elders, our parents
Our teachers, our grandchildren
Our warriors, our peacekeepers
Our very souls...

...it is more than we can bear,
and it only gets worse
with every photo and every video.

God, protect our children from the images emblazoned now in our eyes and minds, from the worst nightmare to ever befall the Jewish People. Our enemy, the face of real evil, seeks to destroy our family, body and soul.

We must be like steel. We must be like iron. But we must never lose our warm and loving hearts along the way. We will fight until they are all erased from under the face of the Heavens. We have no choice. They have shown us what they will do if we do not. They've already perpetrated unfathomable evil. And we will force the world to bear witness as we reel with pain.

God, protect our protectors,
who are only children,
our children fighting for our future.
Shield them as they serve
as the sword we hate to need.
Hold our hearts.
Let us not become hard like stone
as we do what we must to save our lives.
Amen.